



Rappahannock Area YMCA Stingrays (RAYS) are seeking enthusiastic coaches to work with our Developmental, Age Group 2, Age Group 1, Junior and Senior Groups at multiple locations.

The mission of the Stingrays is to provide an organized, competitive swimming program for the youth of the Rappahannock area in association with the Rappahannock Area YMCA of Fredericksburg, Virginia. The program encourages and emphasizes good sportsmanship, self-discipline, and achievement of goals, in keeping with the philosophy of the YMCA in developing mind, body and spirit. The Stingrays recognize that swimming is just one part of a young person's life. Competition is a major, but not exclusive, measurement of success. All Stingrays' swimmers should have fun.

Accomplishing the Stingrays' mission requires commitment from all individuals involved with the team. Swimmers are expected to show their commitment by attending practices on a regular basis, by respecting and supporting their teammates on deck and in the water, and by conducting themselves in a responsible manner at all times. Parents are expected to support the team and their swimmers by contributing their time by assisting at Stingrays' swimming and social events. In turn, the Stingrays will provide high-caliber swimming instruction in an organized, safe, and friendly environment.

#### **Desired Qualifications**

- High School Diploma
- Coaching experience and/or competitive swimming experience at the club or collegiate level
- Desire and passion for the sport of swimming
- Strong communication, organizational and administrative skills.

#### **Job Responsibilities**

- Assist or conduct workouts 3-6 days a week
- Workouts are in the evening after school between 4-8pm
- Participation in evening and weekend meets are required.
- Maintain all certification in good standing with USA Swimming.

#### **Required Certifications**

- Safety Certification: Current CPR, First Aid Certification, and Safety Training for Swim Coaches or Lifeguard Certification.
- Athlete Protection Training (Through USA Swimming)
- Background Check (Through USA Swimming)
- Foundation of Coaching (Through USA Swimming)

#### **Compensation**

We offer competitive compensation based on qualifications.

How to Apply

Please E-mail Bob Herlinger at [stingraybob93@verizon.net](mailto:stingraybob93@verizon.net)